

## Coaching Services

- **Personal Coaching**

*Do you want to live more in harmony with your values? Establish more meaningful relationships? Communicate more effectively? Are you serious about getting through barriers like forgiveness and change that now hold you back? Are you facing a huge challenge or going through a time of change or transition? Do you want to enhance relationships and strengthen your family? Are health, weight, or fitness problems dragging you down? Are there financial concerns? Time or space management? A personal Christian Coach is trained to support you in achieving your goals.*

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- **Leadership Coaching**

*Are you in a position of leadership, but not seeing the results you would like? Do you feel weary or alone? Would you benefit from talking through difficult situations? Do you want to buff up your leadership skills? Leadership coaching can help you blaze the trail to new levels of expertise. You can also learn to coach those working with you and lead a more effective and productive team.*

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- **Ministry Coaching**

*Do you feel like there is not enough of you to go around? Are you struggling to find a balance? Working with others who are in conflict? Trying to bring a cohesive unity to a group of believers? Supporting those who are going through an involuntary transition? Whether you are a pastor, a home Bible study leader, or a person doing one-on-one discipleship, your ministry can be enhanced by working with a Christian coach armed with different experience, perspective, and expertise.*

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- **Business Coaching**

*Do you struggle with ethics issues? Are you constantly facing internal conflict between what is right, what is compassionate, and what is profitable? Christian Business Coaches understand those issues well; and can help in areas of employment problems, team building, marketing, organizational development, finance, and profitability. A skilled Christian Business Coach can help you lead the way to better business!*